

# Border Eagle

Laughlin Air Force Base, Texas ... Together we 'XL'



## Newsline

A glance at news affecting Laughlin

### Executable files

Laughlin computer user's should take great caution in opening e-mail attachments that come from unknown sources or that are not of an official nature. Files such as cartoons and games are executable files (.EXE extension) and often have hidden computer viruses.

Message originators may not be aware they have sent a virus ridden file until it is too late. The most recent virus causing problems in the civilian and military computer community is the .EXE file, Pretty Park. It has several aliases and frequently relates to a character on the television program South Park. Often, it will appear as an icon of the character "Kyle" from this television series.

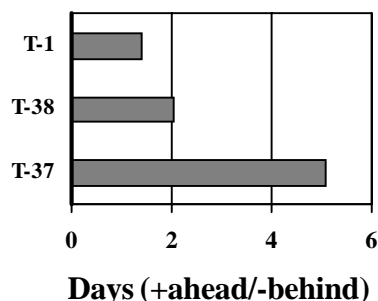
Remember to run virus scan on all your files. Also, never open foreign executable files and only send those that are duty-related.

For more information about Information Assurance issues, call Fredrick Ervin at 4271.

### Mission status

(As of March 1)

#### Student Timeline



Sorties flown in FY 00:  
26,260

Hours flown in FY 00:  
39,297

Pilot wings earned in FY 00:  
126

Pilot wings earned since 1963:  
11,772

## Base contracting employees recognized at command level for year-long achievements



Vann



Eldien



Fisher

By Staff Sgt. Reginal Woodruff  
Public Affairs

Master Sgt. Blonthea O. Vann, B.J. Eldien, and James Fisher, all of the 47th Contracting Squadron, are Air Education and Training Command yearly award winners.

Col. Skip Scott, 47th Flying Training Wing commander, formally recognized the three contract specialists for their awards Thursday during a presentation in the wing conference room.

Throughout the award period, Vann distinguished herself from other contracting enlisted members in the command by performing expertly here and abroad. She was the contracting officer for the Base Operating Support contract, a highly visible, command-interest contract that provides Laughlin with mission essential civil engineer operations, supply, fuels, vehicle operations and maintenance, and transportation needs.

Her technical contracting skills and organizational talents were instrumental in making Air Amistad a resounding success. Her real-time responses and flightline duty ensured all electrical and other utilities were provided by the BOS contractor.

While deployed to Kuwait in support of Operation SOUTHERN WATCH, she awarded over 60 line items valued in excess of \$140,000 in September (99) alone. She conducted extensive research, which saved over \$200,000 in computer equipment purchases. She also negotiated a preventive maintenance agreement for food service equipment, saving over \$25,000.

Eldien was recognized as the outstanding contracting civilian

for, among other things, managing the military family housing renovation, phases 4 and 5. The projects cost \$12 million and were worked simultaneously. Exercising her business judgement and contracting skills, she negotiated a request to remove 500 tree stumps and bushes—a safety hazard for housing occupants—at no cost to the base.

She consistently demonstrates her ability to "get the job done." In only three weeks, she managed a roofing project that had been at a stalemate for over two years. During the last week of September 99, she worked an average of 15 hours daily negotiating, leading, clarifying, changing, teaching, evaluating, and assessing data and personnel to ensure contract awards easily understood, avoiding costly charges after contract awards. She also negotiated seven major construction projects valued in excess of \$9.5 millions at the end of the year.

James Fisher is characterized as a negotiations expert, which helped earn him the outstanding pricing award. His pricing expertise on various contracts resulted in total savings to the Air Force of \$383,169 over a four-year period. Fisher's pricing effort on the Base Information Transfer System, Publication Distribution Office, Postal Service Center and Food Service resulted in higher quality service at substantial savings to the Air Force. He again displayed his expertise through work on the fiscal year 99 Health and Welfare Benefits increase. The results were savings of \$17,087 to the Air Force.

Fisher has also been commended by the Department of the Air Force Labor Office for his inn...

See 'Winners' page



*t h e* **inside scoop**

#### Commander corner...

Lt. Col. Mike Silver suggest people judge their success against personnel circumstance.

#### Nutrient patch...

Servicemembers may use nutrient delivery system on the skin to supplements meal while in combat.

#### Tweets personnel...

A picture page shows some of the men and women who help ensure successful T-37 training.

# Commander

Or  
ner

## Success—a charted course unmeasured by prosperity of others



**By Lt. Col. Mike "Hi Ho" Silver**  
85th Flying Training Squadron  
commander

March (2000) is a huge month for retirements at Laughlin. Some of the people I admire most are closing one chapter of their lives and moving on to

the next. I offer my sincere thanks to Col. Len Jarman, Lt. Col. Jason "Jazz" Barlow, Lt. Col. Richard "Doc" Dalton, Lt. Col. Kim Lott, Lt. Col. Curtis "Q" Quimby, Lt. Col. Charles "Trip" Tripoli, and Lt. Col. Scott "Scotty" Cline for a job well done. All of these 'XL'ent members of the Air Force retire this month, except for "Scotty" whose retirement is scheduled for this summer, following 28 years of faithful service. I salute each and every one of you. Godspeed as you chart your new course.

Some people may sit through the re-

tirement ceremonies, listen to the long lists of accomplishments, and say to themselves, "Wow, I sure haven't been successful compared to them." While each

of these officers has truly excelled, it is not fair to measure your success against their achievements. Brian Dyson, CEO of Coca-Cola, cautions us with his thoughts, "Don't undermine your worth by comparing yourself with others. It is because we are different

that each of us is special. Don't set your goals by what other people deem important. Only you know what is best for you."

Booker T. Washington was born a slave on a Virginia plantation; yet, he went

on to become one of our country's greatest educators. He wrote, "I have learned, that success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed."

None of the outstanding officers mentioned earlier came from a high ranking military background—they each overcame their own unique obstacles to reach their level of success. It might be just as impressive for someone else to make it through basic training and complete their initial enlistment, depending on their unique backgrounds and personal obstacles.

For example, I strongly feel that Lt. Col. "Jazz" Barlow would make an outstanding U.S. Congressman. However, it would be very difficult for him to com

**See 'Success,' page 12**

## Ending love affair with Air Force starts next phase of service to country

**Lt. Col. Jason B. Barlow**  
4th Operations Group

This month my 24 year love affair with the United States Air Force comes to an end — I retire on the March 31.

Like most long-lasting and deeply felt relationships, this affair has been characterized by excitement, caring, admiration, brief moments of terror, and long days of hard work.

I never considered my service in the Air Force as merely a "steady job," or even a "sure paycheck," though it was both. In fact, I never really thought of my years in the AF as a job at all. To me it was more like a calling. I was an officer, first and foremost, in the world's greatest Air and Space force. An honorable and proud profession. I was also a pilot, but that was not my reason for signing on nor staying in. I tried to never define myself by what I did, but rather by who I was. I often told people, if I were medically grounded tomorrow, it wouldn't be the end of the world, there were plenty of exciting and valuable things I could do as an officer for the Air Force other than fly airplanes. As

it turned out, though, I was incredibly blessed and lucky and was able to fly right up to the end. My last sortie on active duty was with a student pilot on a regular training mission.

Not surprisingly, I wore a flight suit for nearly three quarters of my career. Zipping it on each morning was more than just a convenience — I never owned more than two suits in my entire life — it was a reminder of the trust and confidence my superiors and my country placed in me. Sure, I was proud to be a pilot, but I was more often humbled by the attention and support provided me by so many dedicated and professional people, most of whom got paid a lot less than I did and — it seemed to me — worked a whole lot harder.

From my very first paycheck, when I made \$100 a month in flight pay, I just couldn't believe the Air Force was paying me to fly. I will always believe that I was

lavishly compensated for doing something I dearly loved. However, I know many widowers whose husbands were killed while flying, would probably disagree.

I'd like to think I gave Uncle Sam his money's worth. I never held a position that called for just an

eight-hour day and my last 10 years seemed particularly tough — but what worthwhile endeavor isn't? Looking back, I know my contributions were small and mostly overrated. It was the AF team that was great, the team that made it work. I am just awfully proud to have been a part of it.

I was fortunate indeed. Although willing, I never had to make the ultimate sacrifice for my country. No one ever shot me down, I was never a POW and I was never tried by torture for my activities or for what I believed in. There is a part of me that is ashamed to be counted among the veterans of our Service, having had it so easy.

**See 'Affair,' page 12**

### Actionline

Call 298-5351

If your question relates to the general interest of the people of Laughlin, the question and answer may also be printed in the *Border Eagle*. Before you call the Actionline, please try to work the problem out through the normal chain of command or directly with the base agency involved.

Thanks for your cooperation and I look forward to reading some quality ideas and suggestions.

*Win W. Scott III*  
**Col. Winfield W. Scott III**  
47th Flying Training Wing commander



AAFES	298-3176
Accounting and Finance	298-5204
Civil Engineer	298-5252
Civilian Personnel	
298-5299	
Commissary	298-5815
Dormitory manager	298-5213
Hospital	298-6311
Housing	298-5904
Inspector General	
298-5638	
Legal	298-5172
Military Personnel	
298-5073	
Public Affairs	298-5988
Security Forces	298-5900
Services	298-5810
Equal Opportunity	



Border Eagle

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**Deadlines, Advertising**  
News for the Border Eagle should be submitted to the 47th Flying Training Wing Public Affairs Office, Bldg. 338, Laughlin AFB, TX, Ext. 5262. **Copy deadline is close of business each Thursday the week prior to publication.** Advertising should be submitted to the Del Rio News-Herald, 2205 Bedell, Del Rio, TX, 774-4611. Advertising should be submitted by 4 p.m. each Friday. Submissions can be E-mailed to: michael.hammond@laughlin.af.mil or reginald.woodruff@laughlin.af.mil Visit Laughlin's website at <http://www.lau.aetc.af.mil/>

**“Excellence –  
not our goal, but our  
standard.”  
– 47 FTW motto**

Safety Stats		
As of March 6, 2000 (Fiscal Year)		
	'00	Total '99
On-duty mishaps	2	5
Off-duty mishaps	1	12
Traffic mishaps	0	2
Sports & Rec mishaps	1	6
Fatalities	0	0

Health officials battle combat stress reactions

By Staff Sgt.  
Kathleen T. Rhem  
*American Forces Press Service*

The Defense Department is aiming to ensure that the services treat people for stress reactions from combat and other traumatic events.

“Many things beside combat can cause a combat stress reaction,” said Army Dr. (Lt. Col.) E. Cameron Ritchie, director of Mental Health Policy and Women’s Health for the Office of the Assistant Secretary of Defense for Health Affairs. “We may have less combat action today, but we still have danger and sleep deprivation, in training exercises and deployments.”

Ritchie said service members today have to deal with the sight and smell of dead bodies on peacekeeping missions, accidental deaths of unit members, and “working in an environment where people you came to help are shooting at you, as in Somalia.” Any of these things can cause a combat stress reaction, she said.

“Some people are very critical of the term ‘combat stress control,’ because we’re seeing a lot of situations other than combat,” she said. “We’re seeing ‘operational stress.’ That’s really the term I prefer.”

Commanders should be aware that home-front stresses often cause difficulties.

“A person may be doing great where he is, but it’s the news that his wife is divorcing him, or his kid is having problems in school, or he needs to figure out what to do with his elderly parents, that becomes a pre-

cipitating factor”, Ritchie said.

Two aspects differentiate a “perfectly normal” reaction to trauma and a more severe reaction that requires professional treatment — how long the reaction lasts and its severity.

“It depends on the symptom,” Ritchie said. “Nightmares might go on for weeks, but uncontrollable shaking shouldn’t last more than a few hours. If someone becomes suicidal or even homicidal it becomes a medical issue. The chain of command should work closely with their medical team to provide the service member immediate help.”

DOD mental health experts are trying to emphasize to the services the importance of combat stress control to the overall health and fitness of the force, Ritchie said.

DOD Directive 6490.5, signed Feb. 23, attempts to implement combat stress control policies throughout the department.

The Army has devoted dedicated resources to combat stress control with active and reserve combat stress control units.

“The chaplain is a good resource when medical personnel aren’t immediately available,” Ritchie said. “Corpsmen and medics should also be trained in the basic ideas of

combat stress control.”

“Initial treatment is simple,” Ritchie said. “We use the phrase ‘three hots and a cot.’ I personally think it should be ‘three hots, a cot and a warm shower. My mental health goes down drastically after a couple days without a shower.”

She said soldiers need to know that psychological reactions to traumatic events are normal. Ritchie explained it’s also important to treat

**“Many things beside combat  
can cause a combat stress  
reaction. We may have less  
combat action today, but we  
still have danger and sleep  
deprivation, in training exer-  
cises and deployments.”**

**–Lt. Col. E. Camerson Ritchie**  
*Mental Health Policy and Women’s Health  
for the Office of the Assistant Secretary of  
Defense for Health Affairs director*

combat stress casualties as close to the front or to their units as possible, and with the understanding they will return to duty.

“We’ve found that if you ship people out of their units, most never go back, and they don’t recover as well,” she said.

“There’s quite a bit of stigma attached to being removed from a unit, and some of these people develop chronic psychi-

atric conditions.”

But, Ritchie explained, this policy is also for the unit’s benefit. “One of the things we explain to the commands is that 80 (percent) to 90 percent of these people can be returned to duty usually within three days,” she said. “If you start evacuating large numbers of soldiers, you’re going to have an epidemic, especially if you get into a situation where there’s real combat.”

(Courtesy AFPN)

Mandatory  
travel card  
date extended

By Jim Garamone  
*American Forces Press Service*

Service members and Defense Department civilians now have until May 1 before use of the government travel credit card is mandatory, DOD officials said today.

DOD is one of a number of agencies given two extra months to implement the program, said Nelson Toye, DOD’s deputy chief financial officer.

William J. Lynn, undersecretary of defense (comptroller), signed the memorandum announcing the extension March 1.

“Within DOD the primary reason for the delay is that we were so late receiving the guid-

**See ‘Card’ page 12**

Department of Defense slashes base sales price

By Linda D. Kozaryn  
*American Forces Press Service*

Defense Secretary William S. Cohen received a standing ovation, Mar. 2 for giving Texans a \$102.8 million break on the bill for Kelly Air Force Base.

He announced the price for the Air Force base dropped from \$108 million to \$5.2 million. The 250 local officials and members of the San Antonio Chamber of Commerce attending the luncheon at the Adams Mark Hotel were pleased.

Formerly, by law, local communities had to buy federal property when a military base closed. A provision of the Fiscal 2000 Defense Authorization Act now allows the department to convey surplus property at no cost if it is used to generate jobs. This applies to property paid for by tax dol-

lars. The community must still purchase properties paid for by user fees, such as NCO and officer clubs, bowling alleys and golf courses. In this case, the cost for such property at Kelly totals \$5.2 million.

DOD has also approved no-cost economic development conveyances at Naval Air Station Memphis, Tenn.; March Air Force Base, Calif.; and the Naval Air Warfare Center Indianapolis, Ind. The department is considering requests for about 40 more price reductions.

As a former U.S. senator, Cohen stressed that he understands firsthand what base closures can mean to a community. Closing Kelly Air Force Base, however, was “not the death knell that people predicted,” he noted. “It’s a starting bell. The Greater Kelly Redevelopment Authority has done a magnificent job.”

Reducing the community’s

debt to the federal government, he said, will help local officials achieve their goal of generating about 21,000 jobs by converting Kelly into an industrial park. About 11,000 jobs were lost when the base closed.

Following his luncheon address, the secretary visited a Lockheed Martin aviation center and a Boeing aerospace support center already established at the former base.

Cohen also toured a new housing complex at nearby Lackland Air Force Base. A total of 420 units are being constructed for enlisted families, E-3 to E-7. The Lackland project is part of DOD’s housing privatization program. The program, approved in 1996, gets private developers to build or renovate military housing. DOD officials believe the program will go a long way toward upgrading DOD housing and eliminating substandard housing.

# Patch may deliver nutrients to future warfighters

By Jim Garamone  
*American Forces Press Service*

U.S. combat troops may get part of their daily diet through their arms if a new concept works out.

Army Soldier Center researchers in Natick, Mass., are working on a transdermal nutrient delivery system – a skin patch similar in concept to nicotine and motion sickness patches. The new system could be a part of every combat servicemember's kit by 2025.

Gerald Darsch, joint project director for the DoD Combat Feeding Program at Natick, said the current developmental version is about the size of a conventional adhesive bandage and three to four times thicker. The final version will be encased in some polymer to be very flexible, he speculated.

"Servicemembers probably won't even notice they have it on," he noted.

The patches would contain "micronutrient" reservoirs and microscopic "pumps" and "plumbing." The nutrients would augment or supplement a warfighter's diet dur-

ing periods of high-intensity conflict. Officials see a use for the system to combat cold weather and high altitude stress, for instance.

"The idea is to keep the warfighter's cognitive and physical performance sharpened at the optimal level," Darsch said. "It could mean fewer dead or wounded U.S. service members."

Darsch said the system could incorporate various micronutrients. Researchers, he said, are considering 65 to 70 chemicals that might be effective and safe.

Two candidates, for example, are tyrsone, which has been proven to help combat cold and high altitude stress, and glutathione, which could help reduce muscle

fatigue and increase the ability of the liver and kidneys to filter out metabolic wastes.

"We have identified some that might be beneficial, but there still needs to be a lot of research done. What are the doses that

we should administer? What are the lasting effects?" he asked. "We need to be sure before we start giving these to warfighters."

The system would dispense micronutrients when a self-contained near-infrared sensor determines the wearer needs them. The chemicals would be absorbed by osmosis

through the skin.

Even using the transdermal patch, though, service members will still be hungry because the patches won't replace food. "You can still eat even with the transdermal

system," Darsch said. "Am I going to tell you that a Milky Way or a Snickers bar still won't find its way into the rucksack of a soldier? Our servicemembers are pretty bright. They'll take whatever ... is necessary."

Darsch said researchers could probably add an appetite suppressant or something that will make the hypothalamus think the stomach is full. "We probably could do that, but would we want to? I'm not sure," he said.

Darsch said some outside agencies are interested in the concept. "We need to get industry and academia together with us on this," he said. "Firefighters, police, mountain rescue people, all could benefit from this concept."

He said the Army has spent just "thousands" on the concept. If accepted, he thinks a "50 percent solution" to the engineering of the transdermal patch system is possible by 2010.

For more on this subject, try the Air Force Link Search Engine.

(Courtesy AFPN)

***“The patches would contain ‘micronutrient’ reservoirs and microscopic pumps and plumbing. The nutrients woud augment or supplement a warfighter’s diet during periods of high-intensity conflict.***

**–Gerald Darsch**

*Joint project director for the DoD Combat Feeding Program*

# The *XLer*

**Hometown:** St. Louis, Mo.  
**Family:** Son, Jarrett.  
**Time at Laughlin:** 12 years.  
**Time in service:** 3 years.  
**Name one way to improve life at Laughlin:** Construct a bigger mall in Del Rio.  
**Greatest accomplishment:** Sending my son off to college.  
**Long-term goals:** Move to Georgia.  
**Hobbies:** Doll collecting.  
**Favorite food:** Popcorn.  
**Favorite beverage:** Pepsi.  
**Bad habit:** Trusting people too much.  
**If you could spend one hour with any person in history, who would it be and why?** My son Michael. I miss him.



Photo by Airman 1st Class Brad Pettit

**Toni Smith**

*Eagle Aviation and Services Technology, Inc.*

# Where are they now?

**Name:** 1st Lt. Scott Kadar.  
**Class/Date of graduation from Laughlin:** Class 98-01, October 97.  
**Aircraft you now fly and base you are stationed at:** KC-10, McGuire AFB.  
**Mission of your aircraft?** Air refueling and cargo.  
**What do you like most about your current aircraft?** Traveling and challenging air refueling missions.  
**What do you dislike most about your current aircraft?** Being deployed 90 days straight during Allied

Force, and desert deployment between two and three times a year.  
**What was the most important thing you learned at Laughlin besides learning to fly?** How to water ski.  
**Time management - by far.**  
**What is your most memorable experience from Laughlin?** Graduation and T-37 formation solo.  
**What advice would you give SUPT students at Laughlin?** Sacrifice some free time for a good assignment that may last four years.



Air force photo of a KC-10.

# Men, women have different food cravings for different reasons

By Staff Sgt. Jennifer Ruiz  
*Health and Wellness Center*

If you are a female, the following has probably happened to you. If you are male, keep reading because a few of the following experiences may apply to you.

You are sitting at your desk checking e-mail when all of a sudden a food craving hits. That craving may be for chocolate, candy, chicken, or Chinese food—but it’s there, it’s powerful and it’s asking for fulfillment.

From past experience, you know that by trying to ignore the craving, it will only intensify and preoccupy you, so instead you choose to stop what you’re doing and satisfy it.

When you sit back down at the desk, you are aware of some significant changes: The craving has disappeared, you feel better and you have more energy and creativity to accomplish what has to get done.

You made a wise choice by responding to a food craving.

According to Debra Waterhouse, M.P.H., R.D., author of *Why Women Need Chocolate*, certain food cravings are unique to the female gender and emerge for vital purposes.

When women listen to these important messages and satisfy their food cravings, this fulfillment has the amazing ability to:

- Lift spirits when down.
- Boost energy when fatigued.
- Fuel bodies when nutrition is needed.
- Calm nerves when stressed.
- Stabilize moods

when premenstrual.

- Empower minds when menopausal.

Now, if women need chocolate, what do men need?

No, the answer is not beer. The foods most frequently craved by men are meat, hot dogs, and eggs—all protein foods. The foods most frequently craved by women are chocolate, ice cream and bread. The sexes couldn’t be more different.

Have you ever seen men do any of the following?

- Go to the store at midnight just to fulfill their craving for chocolate chip ice cream?
- Binging on a package of cookies when their hormones are imbalanced and they’ve had a tough day?

- Curled up in their favorite chair experiencing the pleasure of slowing eating a chocolate truffle?

Probably not, but I bet you have seen them consuming steak and eggs for breakfast, hot dogs for lunch and meat and potatoes for dinner.

## *The differences in hormones and body composition explain the differences in the foods men and women crave.*

The differences in sex hormones and body composition explain the differences in the foods men and women crave. It’s a fact that

women have larger amounts of estrogen, larger fat cells and cravings for sugar and fat. Men have larger amounts of testosterone, smaller fat cells, and about forty pounds more muscle mass than women. From puberty on, men eat more protein because their bodies need it to build, repair and muscle.

Men biologically need more protein; women biologically need more sugar, fat and chocolate.

Maybe there is some truth to that nursery rhyme “Jack Sprat could eat no fat, his wife could eat no lean.”

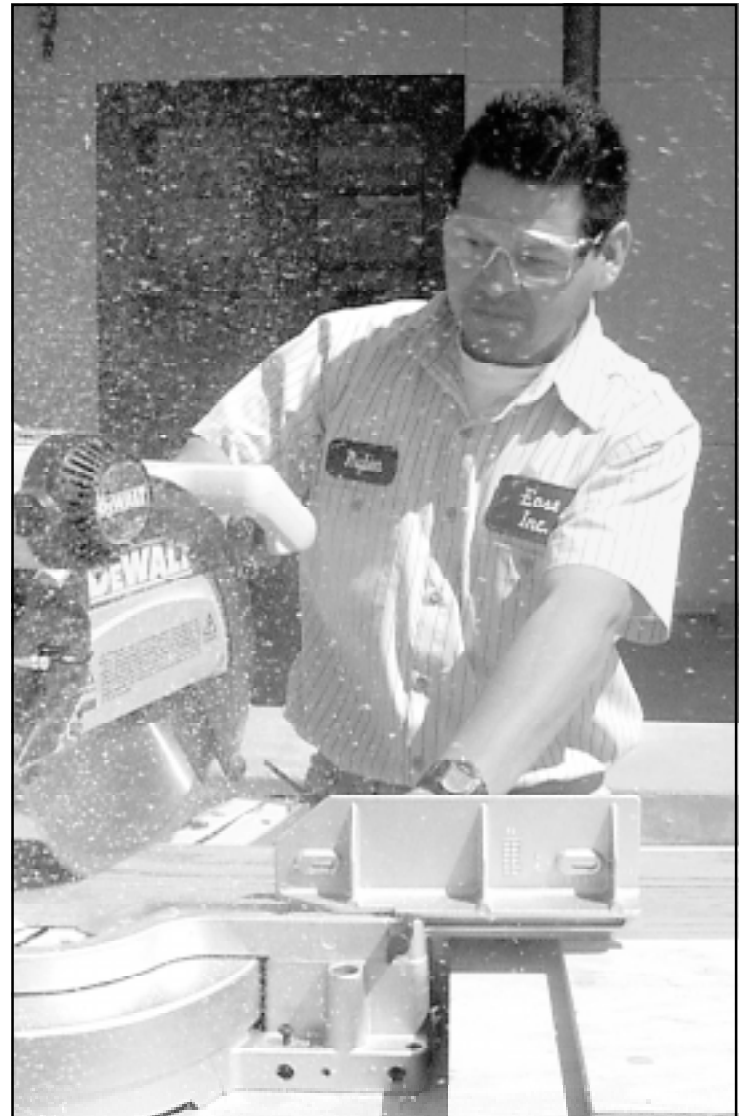


Photo by Airman 1st Class Brad Pettit

## Cutting through

Ruben Rojas, carpenter for Eagle Aviation and Services Technology, Inc., cuts trim boards to line the hallways of the 47th Flying Training Wing building. In addition, the hallways of the wing building and stair wells have been painted as well. This remodeling will be completed today.

# Laughlin March Promotees

<u>To Master Sgt.</u>	<u>Organization:</u>	<u>Effective date:</u>
Ortiz, Rosendo	47 ADS	March 1
Smith, Jerauld D. Jr.	47 OSS	March 1
<u>To Tech Sgt.</u>		
Doty, Paul D.	47 ADS	March 1
Espinoza, Roberto A.	47 ADS	March 1
Richard, Jude C.	47 SFS	March 1
Richardson, William	47 CS	March 1
Thieken, Aaron M.	47 SFS	March 1
<u>To Staff Sgt.</u>		
Moore, David	47 MDOS	March 1
Rincones, Daniel	47 CS	March 1
<u>To Senior Airman</u>		
Chrisman, Bridgette	47 CPTF	March 17
Gonzales, Esperanza	47 SFS	March 20
Locklear, Carlos R.	47 MDOS	March 19
Storz, Tina R.	47 CS	March 1
Velasquez, Michael	47 CES	March 19
Williams, Sandra J.	47 ADS	March 19
<u>To Airman 1st Class</u>		
Kerbs, Nathan M.	47 ADS	March 10
Mazza, Michael A. II	47 ADS	March 10
<u>To Airman</u>		
Gholson, Kwanza L.	85 FTS	March 1
Gonzales, William P.	47 MDSS	March 22
<u>To 1st Lt.</u>		
Yurasek, Daniel P.	87 FTS	March 29

*The following people have been selected for promotion to Lt. Col: Maj. Bruce Allen, 47 MDG, Maj. John Dunham, 47 Operations Group, Maj. John Hunerwadel, 47 OPS GP, Maj. Daniel Dickerson, 47 OPS GP. 1st Lt. Lucy Carrillo was selected for promotion to captain.*



Photo by Airman 1st Class Brad Pettit

## Scout's Honor

Scoutmaster Jerry Garcia, an employee of Eagle Aviation and Service Technology, Inc., reviews the Boy Scout Handbook with John Barron. Garcia was recently recognized as the Scoutmaster of the Year for the Concho Valley District. Garcia oversees 14 boy scouts. Meetings are held every Tuesday at 7:00 p.m. For those interested in joining the Boy Scouts, call Garcia at 5816, or at 768-3311.

‘Winners,’ from page 1

shares his knowledge by providing training to squadron and wing personnel on the most efficient methods to support audits. Many people can celebrate the cost-saving accomplishments of Vann, Eldien and Fisher. The work benefited base and Air Force members and taxpayers in general. It’s probable that no one lauds their deeds more than their boss—Lt. Col. Rene Rendon, 47 CONS commander—does. “I am extremely pleased that

AETC has confirmed what I have known since I took command of the squadron,” said Rendon “—that we have the best contracting professionals in AETC. These awards reflect the caliber of people we have in the CONS, and the teamwork and support we get from our customers here at Laughlin.” “Our contracting award winners have distinguished themselves in many ways,” Rendon continued. “Not only have they excelled in managing Laughlin’s mission-

critical contracts, but they are very active in professional development programs and in volunteering with community organizations. Most notable have been their efforts in “thinking outside the box” to improve the acquisition process, which benefits our number one stakeholders—our customers. Besides, it’s our ultimate customer—the war fighter who defines our success! The award winners will now go on to compete at the Air Force level.

Question of the week

What do you think about the proposed new Air Force identity symbol?



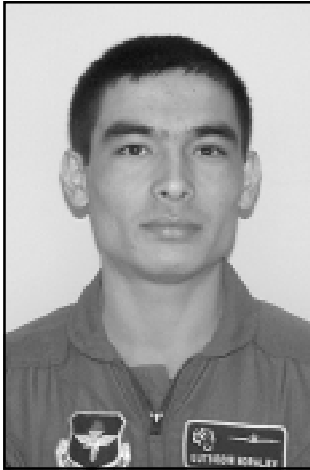
“I have mixed feelings about it. On the one hand, we are losing a symbol rich in pride and heritage. But, on the other hand, change is inevitable and if this new symbol can help us remain the most dominant, powerful Air Force in the world, then I’m behind it.”

**Master Sgt. Daniel Cook**  
47th Operations Support Squadron



“I’m from the old school. I like the symbol the way it is. I think the new symbol looks too effeminate.”

**Eddie Adams**  
47th Mission Support Squadron



“In my country, (Uzbekistan), if something is changed, there is a reason for it. The new symbol looks good, but I’d like to know the reason behind considering changing it.”

**2nd. Lt. Qutbiddin Noralieiev**  
85th Flying Training Squadron



“It doesn’t matter what symbol we use, our mission remains the same.”

**Airman 1st Class Ben Smith**  
47th Mission Support Squadron



## 47th Medical Group

### TRICARE emergency guidelines

Most people don't think about planning for emergencies, but in the event a serious injury or illness strikes, it is good to know that Tricare will be there to help.

A recent Tricare policy change incorporates the Prudent Layperson Standard into the emergency care definition. This means that someone with average knowledge of health and medicine could reasonably expect that the absence of medical attention would result in placing a person's health in serious jeopardy, serious impairment to bodily functions or serious dysfunction of any bodily organ or part. According to this definition, if you or a family member believe you have an emergency situation, Tricare will cover the costs.

An emergency is defined as a sudden and unexpected medical condition, or the worsening of a condition, which poses a threat to life, limb or sight, and requires immediate treatment; or a sudden, extremely painful condition which requires immediate treatment to alleviate suffering. Conditions which require emergency care could include loss of consciousness, shortness of breath, chest pain, uncontrolled bleeding, poisoning, suicide attempts, drug overdose, and major depression.

If you need emergency care, go directly to the emergency room at the nearest hospital, or dial 911. If you are enrolled in Prime and you access emergency care, be sure that you or a family member notifies the Health Care Finder within 24 hours, by calling 800-406-2832, Option four. It is also a good idea to notify your Primary Care Manager, so that he/she can arrange for appropriate follow up care.

For more information about what constitutes an emergency, visit your local Beneficiary Services Representative at the Tricare Service Center nearest you. You may also call 800-406-2832, Option three.

## From the Blotter

(47th Security Forces Squadron)



**Feb. 22** – An individual reported the theft of a gray metal cash box containing approximately \$200.00 from the Information Management.

**Feb. 23** – A military member in a 97 Ford GOV was rear ended by a 98 Dodge Truck while at a yield sign to enter HWY 90 E.

**Feb. 23** – Two illegal aliens were detained at the main gate and given to Border Patrol.

**Feb. 24** – An individual reported the theft of a red money can containing approximately \$50.00-\$60.00.

**Feb. 25** – An individual reported to security forces that an elderly woman had fallen outside of the Commissary. A patrol was dispatched and the woman said she had missed her step and fell off the curb.

**Feb 27** – An individual telephoned security forces and said unknown person(s) had discharged a fire extinguisher onto the individual's 96 Ford Probe parked at the officer dorms. Footprints were found by a pa-

trolman, which led back to two separate rooms in Buildings #449 and #450. Contact was attempted with no results.

**Feb 28** – Security forces was notified of an individual taking an excessive amount of prescription pills. The individual was found unconscious by the patrolman, and was transported to Val Verde Regional Medical Center for observation. Three prescription vials were seized as evidence.

**Feb. 28** – An individual came to the law enforcement desk to report the loss of a wedding ring valued at \$4,000.00. The ring was taken off while working out at the Fitness Center, and forgotten. A patrol was dispatched and a concentric search was conducted around the area were the individual left it with no results.

**Feb 29** – A disoriented elderly woman approached the main gate, trying to get to San Antonio. She told the gate guard she had Alzheimer's disease and was disoriented. She transported to Val Verde Regional Medical Center for observation.

*EMERGENCY CALL 911, NON-EMERGENCY CALL 5100*

**‘Card’ from page 3**  
ance,” Toye said. “Our components came back to us and asked for an extension. When we applied to the General Services Administration they were willing to grant us the extension.”  
Toye said that GSA officials made it clear there “would be no more extensions.”  
Toye’s guidance in the meantime to DOD finance officials is

to implement the travel card program to the extent possible.  
He said the extension does not mean Congress is rethinking the policy. It has just taken longer than expected for government agencies to work out the details.  
DOD issued new policies in mid-February to implement travel card requirements in an amendment to the Federal Travel Regulation published by the GSA in the

Jan. 19 Federal Register.  
The amendment implements requirements in the Travel and Transportation Reform Act of 1998.  
The Defense Department began using travel cards in 1983 to pay for lodging, transportation, rental cars and other allowable expenses.  
The current contractor is Bank of America VISA.

The new travel card rules will be included in Volume 9, “Travel Policy and Procedures,” of the DOD Financial Management Regulation DOD 7000.14-R.  
For more information on DOD’s travel card program, visit the Defense Finance and Accounting Service Web site or the Bank of America VISA government card site.  
**(Courtesy AFPN)**

**‘Success’ from page 2**  
pete against someone like George W. Bush, Jr. Governor Bush comes with immediate name recognition; Lt. Col. Barlow does not. That would be his personal challenge. Each of us has unique obstacles we must deal with based on our diverse backgrounds and individual goals. It is for that reason that no one should devalue their life or accomplishments by comparing them to others.  
Rejoice in your comrade’s success, but embrace your own uniqueness. Set your goals within your scope and by what you deem important. Chart your own course. I wish you the most favorable winds and smooth sailing!

**‘Affair’ from page 2**  
I may be leaving active duty, but I am not leaving my commitment to serve my country. America has given me much and I am not finished trying to pay her back. I will continue to serve, but now as a citizen, to strengthen, preserve and, if necessary, defend our great country and the freedoms we enjoy.  
Yes, I have had a lasting love affair with the Air Force, and, on second thought, it’s not over.



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# Tweets' personnel work together, introducing student pilots to flying

By Airman 1st Class Brad Pettit  
Staff writer



1st Lt. Ivan Akerman, 84th Flying Training Squadron instructor pilot, follows an interior inspection checklist with 2nd Lt. Jason Taylor, a student pilot. The squadron personnel's dedication to safety and adhering to training standards have limited problems and led to the 85th being named the best flying training squadron in the Air Education and Training Command.



Akerman shows Barbara Stelter, an aircraft enthusiast touring the base, how the T-37 canopy opens. In addition to regular duties, instructor pilots also help with scheduling and serve as evaluation monitors.



Capt. Bill Rayner, 84 FTS instructor pilot, uses the MQ-1/A tester to check oxygen levels in his helmet, ensuring there are no mask leaks and to test the helmet's microphone.



Senior Airman Calene McKeever, 84 FTS, posts aircrew names and times for scheduled plane takeoffs.

# Air Force Fighting Falcons hockey team defeats Army 4-2 to clinch playoff spot

Another heroic goal by Derek Olson and the goaltending of Marc Kielkucki lifted Air Force to a 4-2 victory over Army in a spirited College Hockey America game March 3 at Tate Rink in West Point, N.Y.

The victory clinched fourth place in the conference for the Falcons, while Army was eliminated from the playoffs. The Falcons also extended their unbeaten streak over the Army to seven games, the longest in the history of the series.

Army came back from a two-goal deficit in the third period to tie the game at 2-2 and bring a near-capacity and boistrous crowd of 2,637 to its feet. However, the momentum was short-lived as the Falcons answered with Olson's winning goal in the final 14 seconds.

Typical of road games in a hostile environment, penalties played a key role throughout the game. The Falcons had just four power plays compared to eight for the Army.

"Olson made a big-time move and then snapped a missile past their goalie," said head coach Frank Serratore. "We had to overcome a lot. We were on the road, the crowd was rocking and that was some of the worst home cooking by the referees I have ever seen."

The Falcons controlled the tempo early in the game by out-shooting the Black Knights, 9-8, in the first period.

A penalty-filled first period was to the Falcons' advantage despite having less power plays. Army had three power plays in the first period, but it was Air Force that got on the board first and led at the first intermission.

Brian Rodgers gave the Falcons a 1-0 lead at 11:47 of the first period. The sophomore winger from Scituate, Mass., stole an Army pass at the blue line and skated in uncontested.

As Army goalie Corey Winer dove on the ice, Rodgers fired a shot that hit him in the side and bounced over the goalie into the net.

The goaltending of Kielkucki kept the Falcons alive in the second period. The Army out-shot the Falcons, 14-7, but Kielkucki was perfect between the pipes, stopping all 14 shots. The Black Knights had three power plays to AFA's one.

The Army came out for the third period with a tenacity that resulted in five shots in the first few minutes of action. The Falcons did not get a shot on net until their first power play of the period at the 11-minute mark. The power play gave the Falcons a 2-0 lead at 10:03 of the second period. Brendan Connelly skated the puck into the zone and through the left circle.

His pass to Scott Bradley racing toward the net was right on the stick and Bradley put away his 11th goal of the season. After the goal, the Air Force was whistled for two penalties that gave the Black Knights 1:17 of a five-on-three power play.

Army then took advantage with its first goal at 12:41 on a power play and tied the game two minutes later. The pace quickened in the final five minutes as the crowd at Tate Rink was deafening.

Olson took a pass from Jace Anders and skated into the zone beating an Army defenseman. His team-leading 15th goal of the season whistled just under the cross bar to give the Falcons a 3-2 lead with 44 seconds left in the third period. Army called time-out and pulled the goalie from the game. With 14 seconds remaining, Bradley scored his second goal of the night, an empty-net effort from the blue line.



Goalie Marc Kielkucki stops another attempted goal by Army. Kielkucki stopped five goals during the game.

"Army works hard and was relentless tonight," Serratore said. "They just don't finish real well or we could have been in trouble. We didn't play as well as we could have, but it is sure nice to win on the road even when you don't play well."

Kielkucki was again outstanding for the Falcons, making 34 saves including 26 in the last two periods. Winer was also strong between the pipes with 23 saves.

Air Force improved to 17-15-2 overall and 5-10 in the CHA.

The Falcons and Black Knights conclude the series and the regular season Saturday night at 7 p.m. at Tate Rink.

(Courtesy [Http://www.AirForceFalcons.com](http://www.AirForceFalcons.com))

## Intramural basketball standings

### Eastern conference

Teams	W	L
CES	5	0
87 FTS	5	1
LCSAM	5	2
SFS	2	4
OSS	2	5

### Western conference

Teams	W	L
MDG	5	2
CS/SVS	4	3
86 FTS	3	3
MSS	1	6
OSS II	0	6

## Bowling standings

OSS	117	44
CES	105	63
SFS	96	72
SVS	89	72
MDG	83	85
Boeing	81	87
FTW	80	88
MSS	72	96
CDC	62	106
CS	48	120



## Weather Ahead

During the month of March, the warming trend in the Laughlin/Del Rio area will become more evident. About one third of our days will have temperatures above 80 degrees, and freezing temperatures are very rare this time of year.

Thunderstorms are uncommon during the first half of March, but the potential for thunderstorm activity becomes greater as the month progresses. Fog and low cloud ceilings are typically present about one quarter of our mornings. These conditions are usually short in duration and occur more frequently at the beginning of the month.

### Temperatures (°F)

Daily Average High and Low:

76 / 53

Record High and Low Temperature: 102 / 14

### Precipitation (inches)

Monthly Average: .70

Record Max/Min: 2.63" / 0"

Record High 24 Hour Rainfall: 1.61"

People interested in the current weather forecast and sunrise/sunset times can check out the Weather Operations web page at <http://weather.laughlin.af.mil/>. For updates during severe weather, tune to the commander's access channel on base cable channel 20.

## Gardening tips

The Officer Spouse Club invites all base members to attend its March social, 6:30 p.m. March 21 at Club XL. This month's event will be a session on gardening.

To make reservations, call Teresa Reneau at 298-1206 by noon March 20.

## Health care meeting

The Health Consumers Advisory Council is a forum for exchanging information between the providers and consumers of health care at Laughlin. Representatives from most base organizations, people from the retired population and members of the clinic executive committee meet on base once a quarter. The next meeting of the council will be 1 p.m. April 7 in the wing conference room. This gives people who get medical treatment here an opportunity to express their satisfaction or concerns.

For additional information or to RSVP, call Mina Rodriguez at extension 6311.

## Colonel boards

The calendar year 2000A colonel central selection boards for line of Air Force, chaplain and biomedical services are scheduled to convene July 17 at the Air Force Personnel Center.

The tentative Eligibility Criteria for this board are as



Photo by Dave Niebergall

## Final flight

Lt. Col: Jerry Young, Billy "Rasta" Songer, Richard "Doc" Dalton, Charles "Trip" Tripoli, Jason "Jazz" Barlow, Scott "Scotty" Cline, Mike "Hi Ho" Silver and Joe Macklin, wrote a new chapter in the Laughlin history book when they flew a four-ship formation in T-37s Tweets here March 2. The flights placed 28,920 hours of combined flying experience in formation over the base and was also significant

since it was Dalton's last flight in the aircraft he began his Air Force flying career in, 21 years ago. He started as a T-37 First Assignment Instructor Pilot in November 1978 and his career came full circle August 1995 when he was assigned here as a Tweet instructor. Dalton retires today in a ceremony at 4:30 p.m. The ceremony and reception will be in building 320, room 2226.

follows:

■ Above-the-promotion zone—dates of rank are Feb. 25, 1999 or earlier with a previous nonselection for LAF, Feb. 28, 1995 or earlier with a previous nonselection for chaplain and April 30, 1995 or earlier with a previous nonselection for BSC.

■ In-the-promotion zone— dates of rank are March 1, 1995 through Jan. 31, 1997 for LAF, March 1, 1995 through Feb. 29, 1996 for chaplain and May 1, 1995 through Aug. 31, 1996 for BSC.

■ Below-the-promotion zone dates of rank are Feb. 1, 1997 through Jan. 31, 1998—1 year BPZ, Feb. 1, 1998 Sep. 30, 1998—2 years BPZ for LAF; March 1, 1996 through Dec. 31, 1997—1 year BPZ, Jan. 1, 1998 through March 31, 1999—2 years BPZ for chaplain; Sep. 1, 1996 through May 31, 1997—1 year BPZ, June 1, 1997 through Feb. 28, 1998—2 years BPZ.

■ Extended active duty date is Jan. 17 or earlier.

■ Date of separation, if any, is Oct. 15 or later.

For more information these on boards, call Mary Heinrich at 5246.

## Women's program events

The following events are being sponsored by the Federal Women's Program:

■ Free computer training at the base education office on Excel – March 15, 8-11a.m. and Powerpoint—March 22, 1-4 p.m. Chris Perez will instruct the classes. Call her at 4390 to reserve a seat; 20 seats are available.

■ A brown bag lunch and learn in the Health and Wellness Center training room. The topic will be Women's Health Issues. Call Karen Moore at 6457 to reserve a seat; space is limited to 25 people.

■ The Annual Federal Women's Month Luncheon will be March 29 from 11:30 a.m. -1 p.m. at Club XL. The guest speaker will be Administrative Judge Ann Fuller from the Equal Employment Opportunity Commission. The cost is \$7.50 per person.

For tickets and details, call Karen Moore at 6457.

## Tricare day

The Tricare Flight has set aside an entire day to address the concerns of everyone in the local area enrolled in Tricare.

On March 23, there will be a question and answer session for retirees and their family members from 9-11 a.m. in the 47th Medical Group training room. Following that session, there will be a Tricare question and answer lunch from 11 a.m. to 1 p.m. at Club XL. Then there will be a question and answer session for active duty personnel and their family members from 1-3 p.m. in the training room.

For more information, call 6303.

## Clinic closure

The 47th Medical Group will be closed March 31 for readiness training. All clinic services will be closed with the exception of appointed active duty sick call. Active duty members requiring acute care should call the central appointment desk at 6356. Active duty flyers requiring acute care should call Flight Medicine at 6341. Active duty family members and retirees and their family members needing care, should call the Tricare Service Center at 800-406-2832.

Additionally, beginning in April, the 47 MDG will be closed the third Thursday of every month from 1-5 p.m. for continued medical readiness training.

For more information, call 6410.

## Brick project

The project to clean and seal brick houses on base began Feb. 22. and will continue through Aug. 15. The plan is to seal 140 units in the officer and enlisted housing areas. Work started at 9002 Knight Street and will continue with the units on the south side of the street.

Residents are required to remove items next to the brick walls, ensure grass is trimmed back and keep children and pets away from the work area when notified of work. Notification will be made by flyers placed in mailboxes at least 24-hours prior to work on a unit. Weekly updates will appear in the Border Eagle indicating the scheduled work area for the following week.

For more information, call Paul Stover at 5062 or Ben De La Cruz at 5253.